# ADULT ALPINE GROUP LESSONS

## DAILY PROCEDURES FOR ADULT GROUP LESSON INSTRUCTORS

## **PRODUCTS OFFERED:**

½ DAY AM LV 1-4: START @ 10:00 AM - END @ 12:30 PM

½ DAY AM LV 5-6: START @ 10:00 AM - END @ 12:30 PM

ALL DAY 1-2 LV 1-2: START @ 10:00 AM - END @ 3:30 PM

ALL DAY 1-2 LV 3-5: START @ 10:00 AM - END @ 3:30 PM

ALL DAY 1-2 LV 6-9: START @ 10:00 AM - END @ 3:30 PM

½ DAY PM LV 1-4 (ADULT GROUP "WORKSHOPS"): START @ 1:00 PM – END @ 3:30 PM (Note: Meet at Adult Group Lesson Yard at 12:45 for ADULT GROUP WORKSHOPS to meet Supervisor(s) and Guests.)



EACH INSTRUCTOR IS REQUIRED TO COMPLETE AND RETURN AN ADULT CLASS LIST. LISTS ARE AVAILABLE IN THE SUPERVISOR'S OFFICE, OR IN THE ADULT LOCKER ROOM AT THE TOP OF STEPS OR IN BINS ON WORKBENCH IN THE LOCKER ROOM. COMPLETED CLASS LISTS ARE TO BE RETURNED TO THE BINS IN ADULT LOCKER ROOM BY 3:50 OR THEY ARE TO BE DROPPED OFF AT THE SUPERVISOR'S OFFICE AND ARE DUE BY 4:00 PM.

<u>9:30 AM MEETING:</u> ADULT GROUP LESSON YARD – ACROSS FROM POWDER 8 MEETING W/ SUPERVISOR(S) ON THE SNOW (10 MINUTE MEETING)

#### MEETING OUTLINE:

- 1. <u>KNOW YOUR RISK TODAY</u> BE MINDFUL ABOUT SAFETY OF SELF AND OTHERS. BRIEFLY OUTLINE TODAY'S SAFETY MESSAGING AND RISKS.
- 2. <u>TERRAIN / WEATHER / DAY-OF BUSINESS UPDATES</u> PRESENT IMPORTANT UPDATES ON TERRAIN AND WEATHER AND OTHER IMPORTANT DAY-OF BUSINESS.
- ASSIGNMENTS SUPERVISOR'S ANNOUNCE LESSON LEVEL ASSIGNMENTS FOR THE DAY.
  - KNOW THE LEVEL YOU ARE TEACHING.
  - KNOW WHO IS TEACHING ABOVE AND BELOW YOU. GET THEIR PHONE NUMBERS.
  - IF YOU ARE "OPEN" GREET GUESTS, ASSIST SUPERVISORS, GUESTS, INSTRUCTORS AS NEEDED. SUPERVISORS MAY NEED TO PLACE YOU INTO A LESSON DEPENDING ON HOW GROUPS GROW.
  - IF YOU ARE ASSIGNED TO A LEVEL MAKE YOUR WAY TO THAT LEVEL MEETING PLACE TO GREET GUESTS AND START VERBAL ASSESSMENTS.

<u>9:40 AM -10:00 AM:</u> ALL INSTRUCTORS AND SUPERVISOR(S) GREET GUESTS AND HELP EACH GUEST FIND THE BEST GROUP FOR THEIR SKIING LEVEL. ONCE A GUEST FINDS A GROUP, VERBAL ASSESSMENTS CONTINUE BETWEEN GUEST AND THEIR INSTRUCTOR. PLEASE SEE LIST OF VERBAL ASSESSMENT QUESTIONS BELOW UNDER "TIPS FOR SUCCESS".

10:00 AM DISMISS FOR WARM-UP RUN: INSTRUCTORS AND THEIR GROUPS ARE DISMISSED BY THE SUPERVISOR FOR WARM UP RUN. DON'T LEAVE THE YARD WITHOUT BEING NOTIFIED BY THE SUPERVISOR IN CHARGE. USE THE TIME WALKING TO HME GONDOLA, WAITING IN LIFT LINE, AND THE GONDOLA RIDE TO HME TO COMPLETE ASSESSMENT, TOUCH ON SAFETY, AND COACH AS NEEDED ... WHEN YOU ARRIVE AT THE TOP OF HME IT IS WARM UP TIME, NOT TEACH TIME.

### 10:00-10:15 PREPARE FOR WARM UP RUN:

<u>LV 1</u> – STAY IN THE BASE AREA TO PERFORM DRILLS AND EXERCISES GEARED TOWARD NEVER-EVER SKIERS. LOCATIONS: ADULT GROUP YARD (BE MINDFUL OF THE SLOPE TOWARDS THE STONE WALL WITH FIRST TIME SKIERS), THE ATP YARD AT THE STONE HOUSE (AFTER 10:00 AM), AREA BELOW THE YELLOW SIGN WEST OF THE STONE HOUSE, FLAT AREA ADJACENT TO HME LOAD AREA. WHEN YOUR GROUP HAS SUCCEEDED IN BEING ABLE TO CONFIDENTLY STOP AND MAKE TURNS ON THE EASY TERRAIN YOU CAN GRADUATE THEM TO THE HME LEARNING AREA AND SURFACE LIFTS. AT THE END OF THE LESSON OR BREAKING FOR LUNCH, GUESTS SHOULD BE DOWNLOADED ON HME GONDOLA ESPECIALLY IF THE GUESTS HAVE NOT DEVELOPED THE SKILLS OR CONFICENCE TO SKI THE TERRAIN.

<u>LV 2</u> – ESCORT GUESTS TO THE TOP OF HME GONDOLA. IT IS ADVISED THAT YOU WALK YOUR GUESTS TOWARD THE JITTERBUG SURFACE LIFT OR TOP OF WAGON TRAIN SURFACE LIFT BEFORE THEY PUT ON THEIR SKIS. LEVEL 2 SHOULD BE MAKING LOOPS ON EITHER THE WAGON TRAIN OR SNOWFLAKE SURFACE LIFTS UNITL 10:45-11:00 AM. THIS WILL MAKE IT EASY FOR EXCHANGING GUESTS WHO NEED TO MOVE DOWN TO LEVEL 2 AND/OR POSSIBLY MOVING UP TO LEVEL 3.

LV 3 AND LV 4 - ESCORT GUESTS TO THE TOP OF HME GONDOLA. UNLOAD AND DIRECT YOUR GROUP TO A SAFE LOCATION AWAY FROM THE UNLOAD AREA OF HME GONDOLA. BE MINDFUL AT BUSY TIMES TO NOT BLOCK OTHER INSTRUCTORS AND GROUPS ESPECIALLY CHILDREN. DIRECT GUESTS TO PUT ON SKIS AND ASSIST AS NEEDED. ONCE YOUR GROUP IS PREPARED MAKE YOUR WAY AROUND HIGHLANDS LIFT UNLOAD ALONG "THE ROAD" TO THE TOP OF THE HIGHLANDS SKI ZONE. CHECK TO SEE THAT A SUPERVISOR IS AT HIGHLANDS LIFT TOWER 4 AND PROCEED WITH YOUR GROUP ALONG THE ROAD AND TOWARDS THE WARM-UP MEETING AREA.

LV 5 THROUGH LV 9 - ESCORT GUESTS TO THE TOP OF HME GONDOLA. UNLOAD AND DIRECT YOUR GROUP TO A SAFE LOCATION AWAY FROM THE UNLOAD AREA OF HME GONDOLA. BE MINDFUL AT BUSY TIMES TO NOT BLOCK OTHER INSTRUCTORS AND GROUPS ESPECIALLY CHILDREN. DIRECT GUESTS TO PUT ON SKIS AND ASSIST AS NEEDED. ONCE YOUR GROUP IS PREPARED MAKE YOUR WAY AROUND HIGHLANDS LIFT UNLOAD ALONG "THE ROAD" TO THE TOP OF THE HIGHLANDS SKI ZONE. CHECK TO SEE THAT A SUPERVISOR IS AT HIGHLANDS LIFT TOWER 4 AND PROCEED WITH YOUR GROUP OVER THE "HIGHLANDS HEADWALL" TOWARDS THE WARM-UP MEETING AREA. BE AWARE OF CHILDREN'S AND SNOWBOARD GROUP LESSONS ALSO DOING WARM-UP RUNS IN THE AREA AT THE SAME TIME.



CAUTION: BEFORE APPROACHING THE WARM UP RUN MEETING AREA AND SUPERVISOR(S), WATCH FOR OTHER INSTRUCTORS WITH LESSONS AND YEILD ACCORDINGLY. DIRECT YOUR GUESTS TO FOLLOW YOU MAKING TURNS AND THAT WHEN YOU STOP THAT THEY WILL SKI PAST YOU AND STOP DIRECTLY BELOW YOU. PLEASE STOP AT LEAST 10' AWAY TO THE WEST FROM THE SUPERVISOR(S). INFORM YOUR STUDENTS YOU HAVE A BRIEF MEETING WITH OTHER INSTRUCTORS AND SUPERVISORS TO ASSURE ALL GUESTS ARE IN THE APPROPRIATE LEVEL BEFORE DEPARTING FOR THE DAY. EXCUSE YOURSELF TO FINALIZE GROUP ASSIGNMENTS. USE YOUR BEST PROFESSIONALISM WHEN MAKING EXCHANGES AS NEEDED BETWEEN LEVELS. BE SENSITIVE TO THE GUESTS WHILE MAKING THESE DECISIONS AND CHANGES. THIS IS TO BEST SERVE THEM AND IT IS AN "EXCHANGE" OF GUESTS.



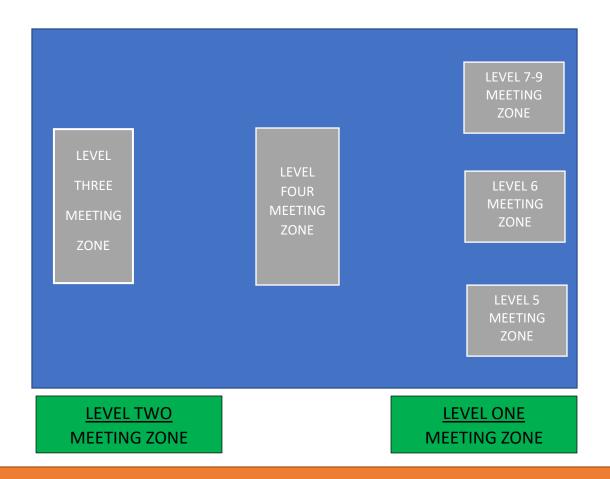
### IMPORTANT NOTES:

- IF YOU ARE ASSIGNED A LESSON WITH ½ DAY AM GUESTS, YOU END YOUR LESSON AT 12:30.
  REPORT BACK TO THE ADULT GROUP LESSON YARD AT 12:45 FOR ADULT GROUP WORKSHOPS.
- IF YOU DON'T GET ASSIGNED A LESSON AND ARE RELEASED BY SUPERVISOR FOR THE MORNING, PLEASE REPORT BACK TO ADULT GROUP YARD AT 12:45 FOR ADULT GROUP WORKSHOPS.
- IF YOU HAVE ½ DAY GUESTS THAT WANT TO EXTEND THEIR LESSON FOR A FULL DAY THIS IS CONSIDERED A "ROLL" AND COUNTS AS A "RETURN". YOU CAN ESCORT YOUR GUEST(S) INTO THE GROUP LESSON CENTER (GLC) TO PAY FOR THE EXTENDED LESSON. THIS WILL BE CONSIDERED YOUR "RETURN" FOR THE DAY AND YOU ARE PAID EXTRA FOR THESE "RETURNS". PLEASE BE SURE TO NOTE THE NUMBER OF RETURNS FOR THE DAY ON THE BOTTOM OF YOUR ADULT CLASS LIST.

#### TIPS FOR SUCCESS IN ADULT GROUP LESSONS:

- JUMP START YOUR DAY WITH LEVEL ASSIGNMENTS POSTED EVERY EVENING FOR THE FOLLOWING DAY IN THE <u>BC SRS GOOGLE DOC</u> AVAILABLE ON THE <u>WWW.BCSNOWPRO.COM</u> "MORNING MEETING NOTES".
- ADULT GROUP LESSONS ARE TAUGHT WITH POLES. IF YOU USUALLY TEACH CHILDREN, PLEASE BRING YOUR POLES.
- KNOW THE SKIER SAFETY CODE AND SHARE THEM WITH YOUR GUEST THROUGHOUT THE DAY.
- A LIST OF ASSESSMENT QUESTIONS IS BEING GENERATED TO ASSIST WITH VERBAL ASSESSMENTS.

# ADULT ALPINE GROUP LESSON YARD



**PLAZA** 

**POWDER 8 PATIO**