ADULT SNOWBOAD GROUP LESSONS

DAILY PROCEDURES FOR ADULT GROUP LESSON INSTRUCTORS

PRODUCTS OFFERED:

½ DAY AM LV 1-4: START @ 10:00 AM - END @ 12:30 PM

ALL DAY 1-2 LV 1-2: START @ 10:00 AM - END @ 3:30 PM

ALL DAY 1-2 LV 3-6: START @ 10:00 AM - END @ 3:30 PM

½ DAY PM LV 1: START @ 1:00 PM - END @ 3:30 PM

½ DAY PM LV 1 (ADULT GROUP "WORKSHOPS"): START @ 1:00 PM (Note: Meet at Adult Group Lesson Yard at 12:45 for ADULT GROUP WORKSHOPS to meet Supervisor(s) and Guests.)



EACH INSTRUCTOR IS REQUIRED TO COMPLETE AND RETURN AN ADULT CLASS LIST. LISTS ARE AVAILABLE IN THE SUPERVISOR'S OFFICE, OR IN THE ADULT LOCKER ROOM AT THE TOP OF STEPS OR IN BINS ON WORKBENCH IN THE LOCKER ROOM. COMPLETED CLASS LISTS ARE TO BE RETURNED TO THE BINS IN ADULT LOCKER ROOM BY 3:50 OR THEY ARE TO BE DROPPED OFF AT THE SUPERVISOR'S OFFICE AND ARE DUE BY 4:00 PM.

<u>9:30 AM MEETING:</u> ADULT GROUP LESSON YARD – ACROSS FROM POWDER 8 MEETING W/ SUPERVISOR(S) ON THE SNOW (10 MINUTE MEETING)

MEETING OUTLINE:

- 1. <u>KNOW YOUR RISK TODAY</u> BE MINDFUL ABOUT SAFETY OF SELF AND OTHERS. BRIEFLY OUTLINE TODAY'S SAFETY MESSAGING AND RISKS.
- 2. <u>TERRAIN / WEATHER / DAY-OF BUSINESS UPDATES</u> PRESENT IMPORTANT UPDATES ON TERRAIN AND WEATHER AND OTHER IMPORTANT DAY-OF BUSINESS.
- 3. ASSIGNMENTS SUPERVISOR'S ANNOUNCE LESSON LEVEL ASSIGNMENTS FOR THE DAY.
 - KNOW THE LEVEL YOU ARE TEACHING.
 - KNOW WHO IS TEACHING ABOVE AND BELOW YOU. GET THEIR PHONE NUMBERS.
 - IF YOU ARE "OPEN" GREET GUESTS, ASSIST SUPERVISORS, GUESTS, INSTRUCTORS AS
 NEEDED. SUPERVISORS MAY NEED TO PLACE YOU INTO A LESSON DEPENDING ON HOW
 GROUPS GROW.
 - IF YOU ARE ASSIGNED TO A LEVEL MAKE YOUR WAY TO THAT LEVEL MEETING PLACE TO GREET GUESTS AND START VERBAL ASSESSMENTS.

9:40 AM -10:00 AM: ALL INSTRUCTORS AND SUPERVISOR(S) GREET GUESTS AND HELP EACH GUEST FIND THE BEST GROUP FOR THEIR RIDING ABILITIE LEVEL. ONCE A GUEST FINDS A GROUP, VERBAL

ASSESSMENTS CONTINUE BETWEEN GUEST AND THEIR INSTRUCTOR. CHECK YOUR STUDENTS GEAR IE: TIE BOOTS AND ADJUST BINDINGS IF NEEDED. PLEASE SEE LIST OF VERBAL ASSESSMENT QUESTIONS BELOW UNDER "TIPS FOR SUCCESS".

10:00 AM DISMISS FOR WARM-UP RUN: INSTRUCTORS AND THEIR GROUPS ARE DISMISSED BY THE SUPERVISOR FOR WARM UP RUN. DON'T LEAVE THE YARD WITHOUT BEING NOTIFIED BY THE SUPERVISOR IN CHARGE. USE THE TIME WALKING TO HME GONDOLA, WAITING IN LIFT LINE, AND THE GONDOLA RIDE TO HME TO COMPLETE ASSESSMENT, TOUCH ON SAFETY, AND COACH AS NEEDED ... WHEN YOU ARRIVE AT THE TOP OF HME IT IS WARM UP TIME, NOT TEACH TIME.

10:00-10:15 PREPARE FOR WARM UP RUN:

<u>LV 1</u> – STAY IN THE BASE AREA TO PERFORM DRILLS AND EXERCISES GEARED TOWARD NEVER-EVER SNOWBOARDERS SUCH AS INTRODUCTION TO THE SNOWBOARD AND SKATING AND GLIDING DRILLS. LOCATIONS: FLAT AREA ADJACENT TO HME LOAD AREA. WHEN YOUR GROUP IS ABLE TO SKATE AND GLIDE CONFIDENTLY, YOU CAN GRADUATE THEM TO THE HME LEARNING AREA/THE TRAILRIDER SURFACE LIFT. AT THE END OF THE LESSON OR BREAKING FOR LUNCH, GUESTS SHOULD BE DOWNLOADED ON HME GONDOLA ESPECIALLY IF THE GUESTS HAVE NOT DEVELOPED THE SKILLS OR CONFICENCE TO RIDE THE TERRAIN.

<u>LV 2</u> – ESCORT GUESTS TO THE TOP OF HME GONDOLA. IF THE GUEST HAS NEVER RIDDIN A CHAIRLIFT WITH THEIR BOARD STRAPPED ON BEFORE, TAKE THEM TO THE SIDE SLIP HILL TO EVALUTED THEIR ABILITIE LEVEL. IF THEY HAVE RIDDIN A CHAIRLIFT BEFORE, JOIN THE OTHER SNOWBOARD STUDENTS AND LEVELS AT WARM UP ON THE HIGHLANDS RUN.

LV 3 THROUGH LV 6 - ESCORT GUESTS TO THE TOP OF HME GONDOLA. UNLOAD AND DIRECT YOUR GROUP TO A SAFE LOCATION AWAY FROM THE UNLOAD AREA OF HME GONDOLA. BE MINDFUL AT BUSY TIMES TO NOT BLOCK OTHER INSTRUCTORS AND GROUPS ESPECIALLY CHILDREN. DIRECT GUESTS TO WHEREVER THE SUPERVISOR HAS DECIDED THE WARM UP RUN SHOULD TAKE PLACE EITHER ON HIGHLANDS OR HAYMEADOW. LINE UP THE STUDENTS IN ROWS FROM HIGHER LEVEL TO LOWER LEVEL AND WAIT TO SEND THEM DOWN TO THE WARM-UP MEETING AREA.



CAUTION: BEFORE APPROACHING THE WARM UP RUN MEETING AREA AND SUPERVISOR, WATCH FOR OTHER INSTRUCTORS WITH LESSONS AND YEILD ACCORDINGLY. DIRECT YOUR GUESTS TO WAIT FOR YOUR SIGNAL TO SNOWBOARD DOWN TO YOU AND STOP DOWNHILL OF YOU. INFORM YOUR STUDENTS YOU HAVE A BRIEF MEETING WITH OTHER INSTRUCTORS AND SUPERVISORS TO ASSURE ALL GUESTS ARE IN THE APPROPRIATE LEVEL BEFORE DEPARTING FOR THE DAY. EXCUSE YOURSELF TO FINALIZE GROUP ASSIGNMENTS. USE YOUR BEST PROFESSIONALISM WHEN MAKING EXCHANGES AS NEEDED BETWEEN LEVELS. BE SENSITIVE TO THE GUESTS WHILE MAKING THESE DECISIONS AND CHANGES. THIS IS TO BEST SERVE THEM AND IT IS AN "EXCHANGE" OF GUESTS.



- IF YOU ARE ASSIGNED A LESSON WITH ½ DAY AM GUESTS, YOU END YOUR LESSON AT 12:30 IF YOU DO NOT HAVE FULL DAY STUDENTS WITH YOU AS WELL. REPORT BACK TO THE ADULT GROUP LESSON YARD AT 12:45 FOR ADULT GROUP WORKSHOPS.
- IF YOU DON'T GET ASSIGNED A LESSON AND ARE RELEASED BY SUPERVISOR FOR THE MORNING, PLEASE REPORT BACK TO ADULT GROUP YARD AT 12:45 FOR ADULT GROUP WORKSHOPS.
- IF YOU HAVE ½ DAY GUESTS THAT WANT TO EXTEND THEIR LESSON FOR A FULL DAY THIS IS CONSIDERED A "ROLL" AND COUNTS AS A "RETURN". YOU CAN ESCORT YOUR GUEST(S) INTO THE GROUP LESSON CENTER (GLC) TO PAY FOR THE EXTENDED LESSON. THIS WILL BE CONSIDERED YOUR "RETURN" FOR THE DAY AND YOU ARE PAID EXTRA FOR THESE "RETURNS". PLEASE BE SURE TO NOTE THE NUMBER OF RETURNS FOR THE DAY ON THE BOTTOM OF YOUR ADULT CLASS LIST.

TIPS FOR SUCCESS IN ADULT GROUP LESSONS:

- JUMP START YOUR DAY WITH LEVEL ASSIGNMENTS POSTED EVERY EVENING FOR THE FOLLOWING DAY IN THE <u>BC SRS GOOGLE DOC</u> AVAILABLE ON THE <u>WWW.BCSNOWPRO.COM</u> "MORNING MEETING NOTES".
- KNOW THE SKIER SAFETY CODE AND SHARE THEM WITH YOUR GUEST THROUGHOUT THE DAY.
- A LIST OF ASSESSMENT QUESTIONS IS BEING GENERATED TO ASSIST WITH VERBAL
 ASSESSMENTS. THE BEST QUESTION YOU CAN ASK A GUEST IS "WHAT WOULD YOU LIKE TO
 LEARN IN YOUR LESSON TODAY?".

ADULT SNOWBOARD GROUP LESSON YARD

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